



November 27, 2016

RE: Letter of Recommendation for Sangeeta Pati, MD, FACOG

Dear Board Members,

It is an honor to write this letter of recommendation for my colleague Dr. Sangeeta Pati! I met Dr. Pati in 2014 at the Age Management Medicine Group conference in Orlando, Florida where I was an attendee. During her lecture on Adrenal Fatigue, I found her teaching style very intriguing. She presented multiple cases on this topic and offered practical solutions using her 5-point method (balancing mind, body, hormones, nutrients and toxin removal) practiced at her *SaJune Institute for Restorative and Regenerative Medicine*. My first impression of her was that she was incredibly knowledgeable in both Western and traditional medicine. As a pediatrician attending Age Management Medicine conferences, I learned that her approach to each patient was exactly what I was looking for in trying to bridge these two seemingly different areas of medicine.

Over the next few conferences, I eagerly listened to her lectures and case presentations with great enthusiasm. I was always very impressed with how she took the best of all her worldly medical experiences and extensive knowledge of current medical literature and applied it to her patients. With each case involving symptoms from multiple organ systems, Dr. Pati would unify the cause and return the patient to health and vitality, sometimes using simple things that we as practitioners would overlook. This was the approach I wanted to use in my future practice.

In 2015, I decided I would follow her methodology by training at *SaJune Institute* in Orlando, Florida. I was able to personally witness her approach to patients of both genders and various ages. Each time I was impressed with how at ease the patients were with the treatment recommendations. Repeatedly, the patients had gone to many other physicians in search of remedies for their ailments, and Dr. Pati would find an answer in balancing those 5 key areas. It was a passion for her to solve each different puzzle. I learned first hand that her integrative approach was applicable to any patient of any age.

As is evidenced in her curriculum vitae, Dr. Pati is an incredible person! Not only is she extremely smart but well traveled. Her global experiences in medicine and research bring a wealth of knowledge to her practice and physician-students. I believe that Dr. Pati embodies the foundations of Integrative Medicine and would highly recommend her for board certification in the American Board of Integrative Medicine!

Sincerely,

Lucia Mireles-Chavez, MD, FAAP  
Diplomat of the American Board of Pediatrics

